

## Stephanie Grundsoee



As an MLA student, Stephanie Grundsoee has particularly enjoyed the creative writing classes, which she says synthesize the aspects of the program that resonate with her the most: “creativity, imagination and innovation.”

One of TCU’s many international students, Stephanie found TCU through her global competitions as a rifle athlete. During a Rifle World Championships competition in South Korea while in high school, Stephanie was recruited by TCU’s rifle team. At TCU, Stephanie double majored in sociology and political science and spent five years competing for TCU in the NCAA during the school year and for Team Denmark in the international arena.

“Rifle shooting taught me the value of hard work, focus, and discipline. It’s an individual sport that requires precision and the ability to ground myself and shut the rest of the world out while I execute at the highest levels. There is a ‘zen’ feeling in that physical and mental space, and I’ve learned to translate that into a calmness and purposefulness in the ways I move through the world.”

While her athletic successes often take center-stage – 8<sup>th</sup> place finish at the Paris 2024 Olympic Games for Team Denmark, multiple medals at World Cups and European/World Championships, 12-Time First-Team All-American while at TCU – she has also earned academic accolades. She received a Priscilla Tate Research & Creativity Honorable Mention Award in 2021 for her research paper, “Gendered Impacts on Forced Disappearances in Argentina,” in which she explored gender targeting and analyzed state violence, hegemonic masculinity and resistance movements during the 1976-83 military dictatorship.

Currently, Stephanie is a Graduate Assistant in the TCU Frogs Club, where she assists with various athletic fundraising initiatives, including Annual Fund operations and stewardship, major gift prospecting, Student Frog Club management, club seat sales, and Frog Club social media.

Born and raised in Jyllinge, Denmark, Stephanie has a twin sister, younger twin siblings and a younger brother. She has lived in Fort Worth for the past six years and loves her Texas home. An avid hiker and knitter, Stephanie credits her mother for her strong work ethic, the sport of rifle for her discipline, and her siblings for her love for deep connections with people.